

July 11, 2023 – Social Justice Meeting

Present: Kathy and Tom Heffernan, Kate Kellogg and Vicki Huggins.

Kathy and Tom and Vicki attended a workshop on suicide. Presenter was Dr. Paul Quinnett. The presentation and conversation was very thorough and helpful.

Our group is working on a ROCC Talk event for October on Mental Health.

We came up with a title: Conversation on Mental Health in Ouray County

Vicki is working on getting a list of potential professional therapists and has talked with Dr. Paul Quinnett about our ideas.

We also want to have resource lists for folks who attend.

Kate is working on a space for our mental health conversation. A format has not been decided on yet.

Lots of work to do yet.

Our next meeting is August 28 at 4:00 pm at the Heffernan's house.

Kathy and Tom Heffernan